

# OCTANT

*Douro*

*Experiences*





## *We are* Octant Hotels Douro

You will find us at kilometer 41 on the Douro River (starting from the mouth). Our location and the architectural characteristics of our building enhance the connection to the surrounding landscape and the sense of an escape from reality: built in schist and glass on a terraced hillside stretching down almost to the water's edge, the Octant Hotels Douro had, at the heart of its foundation, various environmental concerns and the desire that the hotel should be coherent with its surroundings. It is with our sustainability in mind that we planted a herb and vegetable garden where we are able to pick fresh herbs every day.

Here, human construction is unobtrusive, merging harmoniously with the river and the mountains surrounding it.

The natural setting is a constant. Here, you will find yourself amid an abundance of nature, both inside and outdoors.

This is one of the differentiating features of the Octant Hotels Douro: a hotel that is a work of art in a continuous dialogue with the river and the valley. And it is in this dialogue that the concept of the hotel is developing; a sophisticated but minimalist space, which is totally at one with its setting but where no detail is overlooked and guests' needs are never left to chance.

But we wanted more.

We wanted to share a little of our connection to the region with our guests. With this in mind, we developed a range of experiences (we prefer to call them experiences because the word "activities" doesn't do them justice; they are encounters that we hope will be both enriching and memorable), from culinary experiences that make use of regional products to picnics in secret locations or experiences more related to the river.

And here is our challenge to each and every one of our guests: tell us what your tailor-made experience would include and we will do our utmost to meet your expectations.



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-  Aeroporto e Aeródromo





*Stay*  
WITH US



## And celebrate your body

### TWO WELLNESS EXPERIENCES

Since we want you to enjoy all of the spaces in our hotel in the most enriching way possible and in harmony with the surroundings, we have created these two experiences.

If you think you would be more interested in a different activity or choice of place, tell us.

These experiences must be booked in advance and are subject to availability.



#### Crafted Wellness Experiences

We appreciate and celebrate the uniqueness of each guest. Our therapist will carefully craft a wellness experience completely tailored to each guest needs.

#### Immersive Douro Valley Experience

90 minutes of crafted and personalized treatments.  
Jacuzzi tub.  
Private lunch with river views.

150 min / €235 (1 pax) / €450 (2 pax)

#### Quiet Bath Experience

Enjoy some quiet time with River Views to create a space for relaxation. West Cork Sea Salt and Heather Flowers with a gentle blend of Myrtle, Bergamot, Lavender Fine and Cardamom that will help promote a most restful night's sleep.

25 min / €45



#### Yoga at the Octant Hotels Douro

Let our instructor be your guide in a yoga class at one of Octant Hotels Douro most special places. Depending on the time of year and the weather, the class may be held in the gardens, in the library or in the balcony.

09h00 - 10h00 / 1h / Max. 10 pax

Free

Ideal for: ⭐ / ⭐ / ⭐ / ⭐

Free classes on Sunday. Private classes, on request and upon availability. Check with reception for other times that may arise on other days of the week.



## And celebrate your body

### RAMBLES ALONG THE RIVER BANKS

If you enjoy nature walks and incredible scenery, we have a number of suggestions for you. Take advantage of your stay to immerse yourself in the region and explore the river and its tributaries.

The visit to the Paiva Walkways must be booked in advance and is subject to the availability of the transfer.



#### Paiva walkways with private guide

The 8 km route of Paiva Walkways crosses what has always been the most remote and inhospitable area of the valley, the Garganta do Paiva. This valley still hides many stories relating to its geological formation and the geographical importance it had in the human occupation of this territory over time. Our private guide will guide you on this journey filled with stories.

5h30 / Min. 2 pax  
From €65 per person  
Transfer: €100 (up to 6 people)  
Ideal for: ⚙ / ⚙ / ⚙ / ⚙

Includes: private guide, admission to the park and energy kit (small snack)



#### 516 Arouca bridge and off-road mini tour

The 516 Arouca bridge is the longest suspended pedestrian bridge in the world. It is located in Arouca, next to the remarkable Paiva Walkways. It is 516 meters long and is 175 meters above the banks of the Paiva River. Crossing the bridge, you can admire the magnificent landscape over the Garganta do Paiva and the Cascata das Agueiras. We then follow a short off-road tour, along scenic paths, over the Garganta do Paiva, passing an old tungsten mine, a prehistoric monument with about 4000 years and we finish with a picnic in one of the most panoramic views of the region.

4h / Min. 2 pax  
From €95 per person  
Transfer: €100 (up to 6 people)  
Ideal para: ⚙ / ⚙ / ⚙ / ⚙

Includes: private guide, admission to the bridge, 4x4 and Octant Hotels Douro picnic



### Paiva walkways + 516 Arouva bridge

What if we put it all together?

Take the 8 km route of Paiva Walkways and cross the longest suspended pedestrian bridge in the world, in Arouva, 516 meters long and 175 meters high.

5h30 / Min. 2 pax

From €95€ per person

Transfer: €100 (up to 6 people)

Ideal for: ⭐ / ⭐ / ⭐ / ⭐

Includes: private guide, admission to the park and bridge, 4x4, photos and energy kit (small snack)



### Canyoning

Canyoning is a descent of a low-flow, steeply sloping river course usually inserted into a canyon or canyon. During the descent, you will have the opportunity to be dazzled by paradisiacal places and authentic dream scenarios. Diving in clear water lagoons, jumping into the water and rappelling in a waterfall are experiences and challenges that will give you a unique feeling of freedom and communion with nature!

8h / Min. 2 pax

From €195 per person

Ideal for: ⭐ / ⭐ / ⭐ / ⭐

Includes: guide, guide, equipment, insurance, photos and energy kit (small snack)



### Walks along the banks of the Douro

The Octant Hotels Douro is half-way along the Living Douro Route, a linear walk that takes you alongside the Douro River and features wooden walkways, dirt tracks and bridges.

To ensure you make the most of the hotel's location, we suggest two distinct routes.

+1h30 / Free

Ideal for: ⭐ / ⭐ / ⭐ / ⭐

### Route

Octant Hotels Douro – Praia do Choupal

Difficulty: Low

Stretching for just under 3 km (each way), this route consists almost entirely of wooden walkways.



### Route

Octant Hotels Douro – Aldeias de Xisto Midões e Gondarém

Difficulty: Low-Medium

This dirt track stretches for approximately 2.5 km (each way) and takes you past some viewpoints where you can admire the view over the river.







## Give your taste buds a treat

### FLAVORFUL EXPERIENCES

In a region so rich in traditions and gastronomic products, where dishes are cooked with heart and soul, we wanted to celebrate the local flavors in such an incredible place as kilometer 41 on the Douro River.

These experiences must be booked in advance and are subject to availability.



## *Our chef* DÁRCIO HENRIQUES

I remember being on my parents' farm, working with the soil, fruits and vegetables since a young age. That's where my passion for this world was born and, above all, my passion for the product!

I started my career in Portugal, in a more timid way, but in 2013 I took a leap of faith and started my journey abroad. I went to Paris where I worked with Joel Robuchon for 2 years. In 2015 I headed to Shanghai to open the first Portuguese restaurant – a very enriching experience! A year later I returned to Europe to work with Chef Eric Frechon at Celeste, at The Lanesborough hotel in London, where I took over as team leader in 2019 and won 1 Michelin Star in 2020/2021 (the only Portuguese to earn a Star abroad that year).

I join Douro41 Hotel & Spa with the ambition to rewrite Douro cuisine, honoring the river from its source to its mouth, paying homage to typical products from both sides of the river's border, with my touch of modern European creativity.

Enjoy the journey.



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### Douro through the ages

A sensory experience through the flavors of the Douro River.

From its youth, through its maturity and into old age.

We are at km 41 on the Douro River, starting from its mouth. It has run hundreds of kilometers to this point and is part of our identity.

Here, on the riverbank, a few kilometers away from its mouth, this seems to be the right place for a journey through the extraordinary and unique flavors of the Douro.

But we want to do it in an unexpected way – a journey through time and life, from youth, through maturity and into old age.

Come and join us on this journey. We'll be guiding you.

#### Youth

- White Verde wine: 2021, Verde Octant Douro by Casa de Vila Nova
- Organic olive oil: Vallegre 2019

#### Maturity

- Aged red wine: Churchill's Estates, 2014, DOC: Douro
- Iberian ham: Pata Negra

#### Old Age

- Port wine: N.V, Octant 20 Anos Tawny by Maynards
- Cured sheep cheese: Hacienda Zorita

+1h15 / Max. 20 pax  
From €45 per person

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### Douro vs Duero

This tasting takes you through the regions called Ribeira del Duero (Spain), Rueda (Spain) and Alto Douro Vinhateiro (Portugal), making a competition between what are the most emblematic regions of the countries through which our Douro passes, may the best ones win.

Products:

- Douro white vs Duero white
- Touriga Nacional vs Tempranillo
- Douro Syrah vs Duero Syrah

+/- 1h  
From €55 /pax

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### The best seat in the house

Enjoy a picnic in a prime spot in one of our gardens. Choose your basket and let us set it all up for you.

See our Picnics Menu to find out what your options are. If you feel something is missing we will be delighted to do what we can to fulfil your wishes.

+2h30 / Max. 4 pax  
From €45 /pax  
Ideal for: ⭐ / ⭐



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### Be my guest

Enjoy a unique and personalized gastronomic experience with one of our chefs. An exclusive dinner consisting of six or nine dishes in one of the hotel's spaces with the Chef playing the starring role. Depending on the time of year and the weather, the experience may be held in the gardens or in the library.

+2h30 / Min. 2 / Max. 12 pax  
6 dishes - €190 /pax  
9 dishes - €250 /pax  
Ideal for: ⭐ / ⭐ / ⭐ / ⭐

Add premium wines: +€35 per person

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## Elevate your mind

The various spaces at the Octant Hotels Douro are an experience in themselves and an invitation to rest and relaxation. However, what we most like to do is create special moments so that you will always remember your stay as being truly memorable.



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### Pop into the library

If peace and quiet is what you're looking for then this is one of the perfect places for you.

During the winter, some of our most exclusive experiences take place here and, even if there's nothing going on, you can always enjoy the cozy warmth of the fire.



## Be more sustainable

One of our major concerns is reducing the impact of our day-to-day operations on the environment, since we know that permanent measures are needed for there to be a significant change.

This is why we created our Green Project, which sets our annual targets and implements them.

Today we are proud to have already put a number of measures into practice that have transformed us.

These experiences must be booked in advance and are subject to availability.



### The Herb Garden

Apart from our concern about environmental sustainability, one of the things we believe to be very important is knowing the origin of the products that come into our kitchen.

This is why one of our projects has been to develop an organic vegetable and herb garden so that these products can then be used in preparing our products.



### Green Initiatives

Since nature and our connection to it is what drives us, we have developed a number of initiatives aimed at maintaining and improving the surrounding landscape.

Speak to our Experience Manager and ask what the next one will be. Come and share these moments with us.

- Cleaning up the river  
By kayak, paddle board or boat.
- Cleaning up the Ilha dos Amores
- Cleaning up and maintaining our trails



*Come and discover*  
OUR PEOPLE



## Along the river

### FILIPE AND FERNANDA

Filipe and Fernanda are a husband and wife team. They are the ones who look after our boats and the rest of the equipment that we use to enjoy the river.

A few years ago, neither of them could ever have imagined that their passion for the Douro would bring them here. But today they have several boats that they use to take visitors around the region.

They have been a part of many of our experiences on the river.

These experiences must be booked in advance and are subject to availability.



### Your tailor-made moment on the Douro River

Do you fancy an exclusive boat trip on the river? We can arrange it.

And what about adding a little something special to the trip? Tell us what you like to do and see and we will put together a tailor-made experience for you.

#### Trip add-ons:

- A picnic on the boat  
See our Picnics Menu and take your meal with you.
- A bottle of wine or sparkling wine  
What could be better than a toast on board?
- Picnic on the Ilha dos Amores

Max. 8 pax / From €150

Ideal for: ⚙ / ⚙

Includes: Boat trip.



### Paddle Board & Kayakes

Ask us about the equipment we have at our guests' disposal.



## Nearby

### TIAGO AND SÍLVIA Green Wine Estate

Tiago's father was a cobbler (sapateiro in Portuguese). A few years ago, he bought some land and planted vines so he could make wine that he would then offer to his friends.

The stage was set for Sapateiro Wines.

Tiago ended up following in his father's footsteps and Sílvia - Tiago's partner - joined him. Together they founded Sapateiro Wines, from whom you will hear some stories about vinho verde, the "green" wine produced in the region, and about their experiences and lifestyle.

Visit our local producers. More information at reception or with our Experience Manager.



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#### Tour and lunch with wine pairing

+2h30 / Max. 8 pax

€60 /pax

Ideal for: 🌟/🌟/🌟/🌟

Includes: Tour of the estate, wine tasting and lunch.



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#### Guided tour

+1h30 / Max. 8 pax

€45 /pax

Ideal for: 🌟/🌟/🌟/🌟

Includes: Tour of the estate, wine tasting and tapas.



## Nearby

### CASA DE ALGAR

In Castelo de Paiva, 40Km from Porto, Casa de Algar has been producing Verde wine for over 100 years.

Passing from generation to generation, the wine production is maintained and currently explores about 10ha of vineyard in integrated production, being the cornerstone of its activities the production and commercialization of green wine DOC with the brand Pata da Burra.

The grapes used in vinification reveal all the potential of the grape varieties used, either in blended wines or in single-varietal wines, producing mainly white wine using as main varieties: Arinto, Loureiro, Trajadura, Alvarinho and Chardonnay.

Its range of wines also includes a rosé wine made with the Espadeiro and Touriga Nacional castes and a red wine made essentially from the vinhão castes.

For each wine, the grapes are carefully selected, obtaining, through vinification in their own facilities, the organoleptic characteristics capable of identifying and personalising the various Pata da Burra wines.

Visit our local producers. More information at reception or with our Experience Manager.



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### Visit and wine tasting

Min. 2 pax / Max. 12 pax

45€ /pax

Ideal for: 

Inclui: Visit, wine tasting (3 wines) and traditional tapas of the region

Info: available from Thursday to Saturday

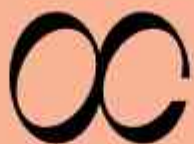
Savor your visit to Casa de Algar with our picnic. On the gardens benches, before or after the visit, enjoy the moment (from 35€ per person).





## 10 things you won't want to miss when you stay with us

1. Take a selfie on the Serra da Boneca Swing.
2. Admire the panoramic view from the spa pool.
3. Eat grilled dishes from the Ofyr in the pool bar.
4. Discover the Paiva Walkways.
5. Surrender to the delights of a Moss of the Isles couple's treatment.
6. Kayaking or paddle boarding on the river.
7. Have a picnic on the Ilha dos Amores.
8. Have dinner with your significant other in the Raiva Restaurant.
9. Enjoy a sunset boat trip.
10. Taste the most delicious wines and cheeses overlooking the river.



Follow us for more experiences

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