

H. Waley-Cohen



Your Complimentary 45-Minute Call

You are invited to book a priority call with multi award-winning speaker and coach, Harriet Waley-Cohen. If you are an ambitious woman who would love to shift away from self-doubt, overwhelm and self-sabotage to having the confidence, wellbeing and success you've always dreamt about, Harriet is your woman!

You can book by clicking this link to access Harriet's diary online:

<https://bit.ly/HWCconsultation>

You can also contact my lovely assistant Allison Kaye on email help@harrietwaleycohen.com. Be sure to put Miss Jones Priority Call in the email title so we know to put you top of the list to book in.

Here what some of my clients say:

'My program made me who I am today. I accept my flaws, celebrate successes and enjoy the moment. I feel enough. I couldn't recommend Harriet enough.' **Marta, Head of HR**

'I feel more comfortable in my skin than ever. I know I'm worthy. I now know someone will love and value me for who I am. It's been an epiphany.' **Emma, Solicitor**

'I can honestly say I have completely revolutionised my approach, way of thinking and prioritisation of all aspects of my life. I am much healthier, I'm doing much more exercise and I'm genuinely living a very different, much happier life. If you're thinking about signing up for some sessions, please go for it, I promise you won't regret it, in fact I can almost guarantee that you'll be very pleased that you did.' **Karen H**



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(contd.,)

'When I started my programme, I was burnt out, living off microwave meals and freaking out. Working with Harriet was amazing. Every area of life has transformed, the outcome is huge. Alongside massive improvements in my health, I manage my thoughts so much better; I now have a much better relationship with myself and other people. I don't have severe anxiety anymore. I treat my body much better. I am so much kinder to myself, so much happier, much more positive, really motivated. I can't wait to get up every day! Harriet gave me so many tools I can use over and over. The programme has been excellent value.' - **Sarah L**

'I can honestly say it has changed my life and all the relationships I have, most significantly with myself. I can't thank you enough for helping me love myself.' **Ruth, Software**

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